I think I have been exposed to COVID-19, what should I do?

Close Contacts

- Someone that has COVID-19 coughed or sneezed on me
- I live with or am caring for someone with COVID-19
- You should self quarantine and monitor yourself for symptoms. The local health department may ask you to do so.*

How do I monitor myself?

- Pay attention for COVID-19 symptoms: Fever, cough, shortness of breath, if you are concerned about your health, contact your health care provider.

If your doctor decides you should be tested for COVID-19,

- Laboratory sends result to health care provider

- Sample is sent to a laboratory for testing

- Health care provider takes a sample

- Your health care provider can order testing for you.

- If your health care provider informs result of patient result. The state health department will not provide results.

*Quarantine process for general public, does not specifically apply to health care workers.